



## Faculty of Sports and Arts

## Department of theory and methodology of physical culture

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Organization address	Urgench city Hamid Olimjon street 14. 220100					
Degree	<ul> <li>2010-2012 Master of Urgench State University (Master)</li> <li>2006-2010 Urgench State University student (Bachelor)</li> </ul>					
Experience	<ul> <li>2012-2014 - Chess coach at Urganch city sports school</li> <li>2014-2021 - Teacher of the Department of Physical Culture Theory and Methodology of Urganch State University</li> <li>2021 - h.v Senior teacher of the Department of Physical Culture Theory and Methodology of Urganch State University</li> </ul>					
Major	physical education and physical culture					
Teaching	<ul> <li>Theory and methodology of physical education</li> <li>Chess</li> <li>Children's physical education</li> </ul>					
Representative Research	Improving the competence of specialists of physical culture in their for professional activity (in the course of independent education) (PhD topic).					
Researches	<ul> <li>1. Yakubova D.B. The importance of professional competence and creativity in the activities of future physical education teachers// International journal of Development and Public Policy. https://openaccessjournals.eu/index.php/ijdpp/article/view/431 impact factor 7.845/5 in October-2021/P.187-189.</li> <li>2. Yakubova D.B. The "Student - health and sports ambassador" program as a means of developing the professional competence of future physical culture experts .00; No. 16]</li> <li>3. Yakubova D.B. Structural-functional model and content of professional competence of future physical culture teachers // Electronic journal of Actual problems of modern science, education and training. http://khorezmscience.uz, - 2022 No. VI P.32-40.[13.00.00; No. 24]</li> <li>4. Yakubova D.B. The role of independent education in improving the professional competence of future physical education specialists. / Boy and Time Republican Children's Social Adaptation Center "You Are Not Alone" Republican Children's Public Fund., Toshlent- 2022 No. I P. 62-63. [13.00.00; No. 1]</li> <li>5. Yakubova D.B. The importance of creativity in the scientific-pedagogical activity of future physical education teachers// Mug'allim both vezluzbiz billendiri' scientific methodical journal/ Karakalpakstan branch of the Institute of Pedagogical Sciences of Uzbekistan. Nukus.,- 2021 No. V P. 161-165. [13.00.00; No. 20]</li> </ul>					

- 6. Yakubova D.B. Development of future physical education teachers' interest in a healthy lifestyle among young students/ SCIENTIFIC RESOURCES Scientific-methodical journal of Urganch State University -Urganch,-2020.- No. 4 B.102-105. [13.00.00; No. 31]
- 7. Yakubova D.B. The role of independent education in the study process of students of higher educational institutions / International scientific-practical conference on the topic "Theoretical and practical problems of the theory and methodology of physical education, sports training". Tashkent:, 2022. B. 261-264.
- 8. Yakubova D.B. The importance of professional motivation in the training of future physical culture teachers / Materials of the international conference on the topic "Psychological features of modern personality development in the years of stable socio-economic development of society". -Tashkent:,-2021.-B. 621-630.
- 9. Yakubova D.B. Forming creativity in physical education teachers/ materials of the Republican scientific-practical seminar on the topic "Strategy of New Uzbekistan-guarantees of development". -Tashkent:,-2021.- B. 110-112.
- 10. Yakubova D.B. Materials of the Republican scientific-practical seminar on the topic "Strategy of New Uzbekistan Guarantees of Development" on the formation of the motivation of the future physical education teacher. Tashkent:,-2021.- B. 104-106.
- 11. Yakubova D.B., Kopalov S.U. Chess. Study guide. "Khwarezm travel" publishing house. Urganch. -2023. -198 pages
- 12. Sharipov A.K., Jammatov J.Sh., Salayev T.K., Matniyazov H.K., Yakubova D.B. EHM program for the e-learning manual for improving sports pedagogical skills (Handball).: Intellectual property agency under the Ministry of Justice of the Republic of Uzbekistan. Tashkent., 2021. No. DGU 12127
- 13. Yakubova D.B., Kopalov S.U., Osmonbekova N.M., Shamuratova B.Y., Adambaev D.Kh., Yakubova D.B., Atajanova G.K. A set of tests on physical culture.: Intellectual property agency under the Ministry of Justice of the Republic of Uzbekistan. Tashkent., 2021. No. DGU 11039
- 14. Yakubova D.B., Sharipova D.D., Kopalov S.U., Matnazarov O'.L., Sharipov A.K. EHM program for the electronic tutorial on the basics of chess.: Intellectual property agency under the Ministry of Justice of the Republic of Uzbekistan. Tashkent., 2020. No. DGU 08892
- 15. Yakubova D.B., Kopalov U.K., Sherov Z.T., Yakubova D.B., Boltaeva M.M., History of physical culture: EHM program for electronic textbook.: Intellectual property agency under the Ministry of Justice of the Republic of Uzbekistan. Tashkent., 2020. No. DGU 09589
- 16. Matnazarov O.L., Yakubova D.B. The basics of chess. Educational -methodical guide.- Khiva.,- Publishing department of Khorezm Ma'mun Academy.-2019.- 88 p.
- 17. Yakubova D.B. Improving the methodology of developing the professional competence of future physical culture teachers. Educational manual. National Library of Uzbekistan named after Alisher Navoi "SCIENTIFIC-TECHNICAL INFORMATION PRESS PUBLICATION" .- 2021.-107 p.
- 18. Osmanbekova N., Yakubova D., Adambaev J., Ruzmetov F. The introduction of modeled training means in sprinter training system/European Journal of Research and Reflection in Educational Sciences, Volume 7 Number 12, 2019 PART I ISSN 2056-5852, Progressive Academic Publishing, UK P.217-219. [13.00.02; #3]
- 19. Yakubova D.B. Scientific-pedagogical bases of the activity of future physical education teachers/ Oriental Renaissance: Innovative, educational,

natural	and	social	sciences	Scientific	Journal.		
https://www.oriens.uz/media/journalarticles/7_Dono_Yakubova_62-66.pdf							
Impact Factor 5.947/February 2022. P.62-66.							
20. Sharipova D.D., Yakubova D.B. Activities of health and sports ambassadors							
- an effective way to protect the health of the population C.119-121.							