



Faculty of Sports and Arts Department of theory and methodology of physical culture

NAME Atajanov Adilbek Yuldashevich

Position Teacher of the department

Phone +998937560200

E-mail. adilbek.atajanov@mail.ru

Office. +998622246628

Homepage Urgench city Hamid Olimjon street 14. 220100

Degree	<ul style="list-style-type: none"> • 1994-1998 yy.. – Student of Urgench State University. • 2000-2004 yy. – Tashkent University of Information Technologies.
Experience	<ul style="list-style-type: none"> • 1995-2002 yy. – Player of Khorezm football club. • 2000-2003 yy. – "Khorezm Telekom" electromechanical. • 2003-2012 yy. – Specialist in working with partners of the commercial block of the joint venture" Uzdurobota". • 2012-2020 yy. – Director of the private enterprise" TOHIRJON MOBILE SYSTEMS". • 2020-2021 century. - Khorezm football academy, coach of selection. • 2021. - h.v. - Department of Physical Culture Theory and Methodology of Urganch State University
Major	<ul style="list-style-type: none"> • Physical culture
Teaching	<ul style="list-style-type: none"> • Methods of teaching sports and moving games(moving games.Football.Volleyball.Basketball).Improve your Sports skills.
Representative Research	
Researches	<p>A. Yu. Atajanov "Scientific Views and Views of Eastern Scholars on Physical Education and Sports". INTERNATIONAL JOURNAL OF HUMAN COMPUTING STUDIES 22.02.2022. pp. 55-57.</p> <p>A. Yu. Atajanov, D. K. Karimov, S. Muratov "Handball Teaching at School Features". European journal of innovation in non-formal education (EJINE). ISSN 2795-8612. Volume 2 No. 2 (February 2022). 379-382 p.</p> <p>A. Yu. Atajanov, D. K. Karimov, Sh. Yusufboyev, the importance of effective tactical systems in the football game. Educational Research in Universal Sciences. 30.01.2023. 264-269 p.</p>

A. Yu. Atajanov, D. K. Karimov, Conducting football training in the fields.

Multidisciplinary republican scientific-online conference on the topic of creative ideas, solutions and proposals aimed at improving the scientific activity of young scientists, masters and talented students 35-38 p.

A.Yu.Atajanov D.K.Karimov, Theoretical foundations of improvement of sports preparation processes. May 26-27, 2023. 209-213 p.

A. Yu. Atajanov "Improving sports skills (gymnastics, athletics)". Study guide.

Urganch. 2022.