



Faculty of Sports and Arts Department of theory and methodology of physical culture

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Degree	1985-1990 Student of the Uzbek State Institute of Physical Culture.
Experience	<p>2017.5.10-x-B Urgench State University: Faculty of Physical Culture "Lecturer at the Department of Theory and Methodology of Physical Culture.</p> <p>2015-2016 - Senior Lecturer of the Department of Physical Education and Applied Sciences of the Khorezm Regional Institute for Retraining and Advanced Training of Public Education.</p> <p>2011-2015 - Senior Lecturer of the Department of Chemistry and Applied Sciences of the Khorezm Regional Institute for Retraining and Advanced Training of Public Education.</p> <p>2009-2010 - Head of the Department for Coordination of Methodological Work, New Information Technologies, Library Problems, Textbooks and Publications of the Regional Institute for Retraining and Advanced Training of Teachers.</p> <p>2005-2009 - Director of secondary school No. 13 of the Koshkopir district of the Khorezm region.</p> <p>2004-2005 - Director of secondary school No. 12 of the Koshkopir district of the Khorezm region.</p> <p>1999-2003 Methodist of the 1st category of the Cabinet of Physical Culture and Pre-University Training of Youth of the Regional Institute for Advanced Training of Pedagogical Personnel.</p> <p>1991-1999 - Lecturer at the Department of Physical Education, Urgench State Pedagogical Institute.</p> <p>1987-1990 - Physical education teacher at school No. 13 of the Koshkopir district of the Khorezm region.</p>
Major	<ul style="list-style-type: none"> Physical culture
Teaching	<ul style="list-style-type: none"> Methods of teaching plavaniye.
Representative Research	
Researches	The use of native games as a spiritual heritage in the process of continuing education Young scientists December 2015 №21 (80).

Thoughts of oriental thinkers on physical education and health
UrDu Republican Scientific and Practical Conference December 2015

- Formation of a healthy lifestyle among students - the basis of well-being in society
Ural State Pedagogical University November 2015 (II-nd International Scientific and Practical Conference) INNOVATIONS IN EDUCATION SEARCH AND SOLUTIONS II volume.

The role of physical culture and sports in the correct organization of a healthy lifestyle among students
Journal of Continuing Education, December 2015

Ways to improve the continuity and effectiveness of training in children's sports schools
Topical issues of the development of children's sports 1st Republican scientific and practical conference on November 25-26, 2016

Methods of organizing and holding sports events with the participation of students
Materials of the Republican scientific and practical conference on pedagogical and psychological problems of the educational process in 2016

Competence approach in physical education of youth is the imperative of the time
Questions of improving the system of continuous education based on the competence-based approach // Materials of the Republican Scientific and Practical Conference on Problems and Solutions. 2016 g.

Physical education lesson as the main form of physical education
Bulletin of modern science (Russia) 2016, No. 11.

The Importance of Motor Games in Preschool Education
Uzbek Research Institute of Pedagogical Sciences named after KoriNiyazi
Republican scientific and practical seminar on improving the quality and efficiency of the educational process in preschool education 2017

Physical education teachers' pedagogical skills in organizing school activities.
The use of modern pedagogical technologies in teaching elementary subjects in the system of advanced training; Problems and solutions Proceedings of the Republican Scientific and Practical Conference 2017.

The role of gymnastics in raising girls
Materials of the Republican Scientific and Practical Conference "Women's Sports: Opportunities and Prospects". Bukhara State University

Ways of teachers to improve the legal literacy of children
Uzbek Research Institute of Pedagogical Sciences named after KoriNiyazi
Republican scientific and practical seminar. November 2017

Anatomical and physiological features of short distance runners. Improving the quality of education and training in the field of physical culture // Republican scientific and practical conference. Urgench May 17-18. 2018r

Classification of player movements on the field. IMPROVING THE QUALITY OF EDUCATION AND TEACHING IN THE FIELD OF PHYSICAL CULTURE
Republican scientific and practical online conference

- • Physical culture at work and rest YakubovShavkat Teachers of the Department of Theory and Methods of Physical Culture, USU) 2021.