



Faculty of Sports and Arts

Department of theory and methodology of physical culture

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Degree	<ul style="list-style-type: none"> • 2013-2015. - Master of Urgench State University (Master) • 2006-2010. - Urgench State University student (Bachelor)
Experience	<ul style="list-style-type: none"> • 2017 y - h.v. - Teacher of the "Physical culture theory and methodology" department of Urganch State University • 2015-2017. – Chief specialist representative of the Yangibozor district of the Children's Sports Development Fund • 2010 – 2015 – Teacher of physical education of Yangibozor household service vocational college • 2010 – 2015 – Yangibozor district 2 - coach of the sports school for children and teenagers
Major	<ul style="list-style-type: none"> • Physical culture
Teaching	<ul style="list-style-type: none"> • • Football, handball, athletics, gymnastics, sports facilities
Representative Research	<p>“Optimization of training loads of wellness classes with the middle-aged population by cycling” (PhD topic).</p>
Researches	<ul style="list-style-type: none"> • D.K.Karimov. The role of cycling in the education of the young generation. Republican scientific-practical online conference. Urganch-2020. 134-136 pages. • D.K.Karimov. Importance of effective tactical systems at football. European Journal of Research and Reflection in Educational Sciences. 2019. Article. 248-251 pages. • D.K.Karimov. Issues of involvement of girls of local nation in sports schools. Berlin conference – 2020. 172-174 pages. • D.K.Karimov. Improving the methods of improving the skills of road cyclists based on aspects of physical development during cycling. Republican scientific and practical conference. Chirchiq-2020. 57-59 pages. • D.K.Karimov. Conduct training on technical training in the Football Club. Advanced discoveries of modern science: experience, approaches and innovations. Amsterdam. Niderlandiya-2021. 51-53 pages.