

## Faculty of Physical Culture, Department of Theory and Methods of Physical Culture

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LEVEL	<ul> <li>2017-2019 yy Master of Urgench State University (Master)</li> <li>2012-2016 yy Student of Urgench State University (Bachelor)</li> </ul>
EXPERIENCE	<ul> <li>2019 y - h.v Lecturer at the Department of Theory and Methods of Physical Culture, Urgench State University</li> <li>2018-2019 yy Teacher of school No. 5 of Shovot district</li> </ul>
SPECIALIZATION	• Physical culture
TEACHED SUBJECTS	<ul> <li>Methods of teaching sports and movement games (Volleyball), SMO, Athletics and its teaching methods.</li> </ul>
RESEARCH WORK	<ul> <li>Peculiarities of the structure of the training microcycles of volleyball players during the annual training</li> </ul>
RESEARCH	<ul> <li>N.K Rozmetov, N.Sh. Safarbaev Current issues of developing the ability to balance in preschool children through exercise, increasing the popularity of physical culture and sports. Republican scientific-practical online conference. Urgench 2020.</li> <li>N.Sh. Safarbayev The effectiveness of volleyball players in the formation of accuracy with the help of special exercises, the current problems of increasing the popularity of physical culture and sports. Republican scientific-practical online conference. Urgench 2020.</li> <li>F.T Masharipov., N.Sh. Safarbaev., Technology of organization of physical culture and sports on the basis of the wishes of female students. Women's sports at the current stage of development: problems and prospects. Bukhara 2020 y.</li> <li>N.Sh.Safarboyev. Volleyball game technique and its classification Polish ISSUE 4 (25) WARSAW, POLAND 2020.</li> <li>N.Sh.Safarboyev, L.Abdirahmonov, D.Karimov, Conducting technical training in the football club. Advanced discoveries of modern science: Experience, Approaches and innovations. Amsterda, 2021.</li> </ul>