



## Faculty of Sports and Arts

### Department of theory and methodology of physical culture

Name Abdullayeva Shoxida Xayitboyevna  
Position Teacher  
Phone +99897-512-23-73  
E-mail. Shoxida8914@gmail.com  
Office +998622246628

Organization address Urgench city Hamid Olimjon street 14. 220100

Degree	<ul style="list-style-type: none"><li>• 2013-2015. - Master of Urgench State University (Master)</li><li>• 2009-2013. - Urgench State University student (Bachelor)</li></ul>
Experience	<ul style="list-style-type: none"><li>• 2015-2022. - Teacher of the "Interfaculty Physical Education and Sports" department of Urgench State University</li><li>• 2022- h.v - teacher of the "Physical culture theory and methodology" department</li></ul>
Major	<ul style="list-style-type: none"><li>• Physical culture</li></ul>
Teaching	<ul style="list-style-type: none"><li>• Athletics</li></ul>
Researches	<ul style="list-style-type: none"><li>• F. Masharipov: Sh. Abdullaeva. A healthy child is the wealth of the country: Methods of organizing and conducting physical education classes at school. thesis Urganch2014</li><li>• Z. Sherov: Sh.Abdullaeva, talent scout. Ispolzovanie modelirovannyx trenirovochnyx sredstva v sisteme podgotovke sprinterov. thesis page 105 Urganch 2014</li><li>• F.Masharipov Sh.Abdullaeva, Scientific research Urganch 2015y Moral education in the process of physical education and sports</li><li>• F.MasharipovSh.Abdullaeva Scientific research Urganch 2015 Pedagogical requirements for a physical culture specialist</li><li>• Sh.AbdullaevaR.Masharipov Moladoi Uchyonniy. International scientific article: Ispolzovanie modelirovannyx trenirovochnyx sredstv v sisteme podgotovki sprinterov</li><li>• Sh.Abdullaeva R.Masharipov, "Training of scientific and scientific pedagogical personnel is the most important factor in raising a highly educated and intellectually developed generation" of the republic scientific-practical conference. Volume 3 Urganch 2015: Methods of organizing and conducting physical education lessons at school.</li><li>• Sh.Abdullaeva R.Masharipov, "Training of scientific and scientific pedagogical personnel is the most important factor in raising a highly educated and intellectually developed generation" of the republic scientific-practical conference. Volume 3 Urganch 2015: Teaching methods and principles of organization of physical education sports training for students</li><li>• Sh.AbdullaevaR.Masharipov,,Training of scientific and scientific pedagogical personnel is the most important factor in raising a highly educated and intellectually developed generation.</li></ul>

- A. Masharipov, Sh. Abdullaeva, republican scientific-practical conference on the topic "Training of scientific and scientific pedagogical personnel is the most important factor in raising a highly educated and intellectually developed generation". Volume 3 Urganch 2015  
Physical exercise techniques
- Sh.Abdullaeva Moladoy uchyonniy International scientific article: O metodike organizatsii urokov fizicheskogo vospitaniya
- Sh.Abdullaeva G.Abdullaeva Scientific-practical conference dedicated to 2016 "Year of Healthy Mother and Child" Urganch 2016 on the topic "Development and problems of women's sports in the years of independence"  
Development of agility of track and field athletes
- Sh.Abdullaeva O'Abdullaeva, Scientific-practical conference Urganch 2016 dedicated to the "Year of Healthy Mother and Child" 2016 on the topic "Development and problems of women's sports in the years of independence":  
Basic and auxiliary means of social education and sports training
- Sh.Abdullaeva Yu.Sharifboeva Scientific-practical conference Urganch 2016 dedicated to 2016 "Year of Healthy Mother and Child" on the topic "Development and problems of women's sports in the years of independence"  
The volume achieved during the annual cycle of high-class athletes in official competitions and starts and training days
- Sh.Abdullaeva Z.Matnazarova Scientific-practical conference dedicated to 2016 "Year of Healthy Mother and Child" on the topic "Development and problems of women's sports in the years of independence" Urganch 2016  
Organization of training in training groups of middle-distance runners
- Sh.Abdullaeva Aktulnye vyzovy sovremennoy nauki VYPUSK 4(12) 2017g  
Organization and conduct of training for young track and field athletes
- Sh.Abdullaeva Aktulnye vyzovy sovremennoy nauki VYPUSK 5(13) 2017g  
Methods of organizing and conducting physical education lessons at school.
- Sh.Abdullaeva Aktulnye vyzovy sovremennoy nauki VYPUSK 5(13) 2017g  
Methodological principles of physical education and ways of their implementation in the process of physical education.
- Sh.Abdullaeva Aktulnye vyzovy sovremennoy nauki VYPUSK 5(13) 2017g  
The role and importance of athletics in physical education classes.
- Sh.Abdullaeva Republican scientific-practical seminar on personal education in civil society and the role of the family institution in it Tashkent-2017  
Organization of physical education and sports fitness classes for students in educational institutions.
- Sh.Abdullaeva S.Ibragimov Personal education in civil society and family in it Tashkent-2017 republican scientific-practical seminar on the role of the institute  
Psychology of personality formation in sports
- Sh.Abdullaeva O'Abdullaeva Personal education in civil society and family in it Tashkent-2017 republican scientific-practical seminar on the role of the institute  
Psychological training in sports training.
- Sh.Abdullaeva O'Abdullaeva : Aktulnye vyzovy sovremennoy nauki XX Mejdunarodnaya nauchnaya konferenzia.g Pereyaslav Khmel'nitsky, Ukraine VYPUSK 12(20)2017g International scientific conference: The importance of national and people's houses in educational and physical education
- B.Yadgarov Sh.Abdullaeva Improving the quality of education and training in the field of physical culture. Urganch 17.05.2018. Women's healthy lifestyle physical culture
- Sh.R.Khasanova Sh.Abdullaeva POLISH SCIENCE JOURNAL INTERNATIONAL SCIENCE JOURNAL WARSAW, POLAND

	<p>Wydawnictwo Naukowe, „iScience” 23.02.2020</p> <p>Methods of developing professional pedagogical skills of future specialists in the field of physical education</p> <ul style="list-style-type: none"><li>• Abdullayeva. Sh.X. Editor-in-Chief of the International Scientific Journal "Science and Innovation" 15</li></ul>