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Position Senior Lecturer

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Homepage Urgench city Hamid Olimjon street 14. 220100

Degree	1987 –1991 Student of Khorezm State Pedagogical institute
Experience	1991-1992 Teacher of the department Khorezm State Pedagogical Institute 1992-1995 Teacher of the department Urgench State University 1995-2007 Teacher at the sport school Urgench siti. 2-CSS 2007-2020 Teacher at physical culture department at Urgench state university 2020- Present time. Lecturer, Department of Theory and Methods of Physical Culture, Urgench State University
Major	Physical education
Teaching	Physical education and sports. History of physical education and Olympics (badminton, volleyball), theory and methodology of volleyball, organization of training at the initial preparatory stage (by volleyball sport), T.F. Theory and methodology of volleyball, methodology of teaching sports (Basketball), admission to specialization in the chosen sport (volleyball)
Representative Research	

<p>Researches</p>	<ol style="list-style-type: none"> 1. The role of women in the behavior of mature generation. Spiritual care methods and ways of scientific-practical seminar materials. 2010 Tashkent 2. The role of women in teaching mastery to the youth. literal philosophical thoughts. 2011 Rossiya 3. The method of keeping fit drills. Education, science and innovation. Spiritual – educational, scientific methodical magazine. Tashkent 3/2015 year. 4. To use aerobic means apart from lessons, to gain physical efficiency in lessons. Education, science and innovation spiritual – educational, scientific methodical magazine. Tashkent 2/2015 year. 5. Shamuratova B. Y. The role of fruit culture in the education of a harmonious generation. Materials of the scientific and practical seminar "methods and means of spiritual and moral education". Tashkent 2015 6. Shamuratova B. Y. The role of women in teaching young people the sciences and crafts. Masterpieces of artistic and philosophical thought.
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Tashkent (March 2015)

7. Osmonbekova N. M. Shamuratova B. Y. Preparation of female students for independent family life. Masterpieces of artistic and philosophical thought. Tashkent (March 2015)

8. Shamuratova B. Yu. The place of culture communication in the upbringing of a harmoniously developed generation. Materials of the scientific and practical seminar.

"Manaviy-axlokiy tarbiya metodlari va vositalari" Tashkent 2015-11-29

9. Shamuratova B. Yu. The role of women in teaching young people the profession. "Badiy-falsafiy tafakkur durdonalari. Tashkent 2015

10. Shamuratova B. Yu. The significance of sports games in accordance with the gormanically developed tingling. scientific and practical seminar. Tashkent 2015

11. Shamuratova B.Y.F.I. Matkarimova. Criteria for the development of a physically and

spiritually mature and young generation. Materials of the republican scientific-practical seminar

on "Theoretical foundations, forms, methods and means of increasing the effectiveness of spiritual and educational works". Tashkent, pages 307-310 in 2016 year.

12. Shamuratova B.Y.S. Avezbaeva, S. Matyakubova. Pedagogical bases of the use of teaching

methods in physical training classes. Materials of the republican scientific practical seminar on

"The essence, goals and tasks of the Year of Dialogue with People and Human interests"

Tashkent, pages 273-275 in 2017.

13. Shamuratova B.Y.X.X. Sadullaeva Develop physical qualities through active and relay race

games. Materials of the republican scientific-practical seminar on "The essence, goals and

tasks of the Year of Dialogue with People and Human interests" Tashkent, pages 277-280 in 2017.

14. Shamuratova B.Y. Finding out whether there is any profit in playing sports games with many movements for beginner school. Science Pereslav-Khmelnytsky 21-27 mart 2017. 75-79page

15. Shamuratova B.Y. Methods of organization of phusikcal education classis. Urgench 17.05.2018 2018 year 77-80 page

	<p>16. Shamuratova B.A. Sadullaev A.A. The role and importance of tourism in the system of physical education Actual challenges of modern science XXIV International Scientific Conference April 26-27, 2018. P. 74-77.</p> <p>17. Shamuratova B.Ya. Osmonbekova N.M. The role of physical culture and sports in the upbringing of a healthy generation. Materials of the conference on scientific and practical research in Uzbekistan 2020 - Tashkent</p> <p>18. Shamuratova B.Ya. The influence and characteristics of gymnastics on the human body. 2020 Poland.</p> <p>19. Sadullaev A.A. Shamuratova B.Ya. The use of motor and relay games in</p>
	<p>the development of physical qualities of students in physical education lessons. Sources of science Scientific-methodical journal of USU. 2020-1 20</p> <p>Shamuratova B.Ya. Analysis of effective means and methods of special training loads when running at medium distances.</p> <p>21. Shamuratova B.Ya. B.Nuralieva The influence of physical culture and sports on human health today. Urgench -2021</p>
CurrentResearch	<ul style="list-style-type: none"> • 22. Physical culture and health in Abu Bakr Razi's teaching. 2023-05-17 • 23. Human health and physical education in the teachings of Ar Razi. FARS INTERNATIONAL JOURNAL OF EDUCATION SOCIAL SCIENCE & HUMANITIES Vol. 11 No. 5 (2023): 2023-05-17 • 24. Abu Ali ibn Siny taught physical education and education of healthy generations. Nauchno-teoreticheskiy methodicheskiy magazine pedagogic.4/2023 • 25. Ar-Razi and Ibn Sina's ideas about intellectual and moral education ACTA NUUZ 1/8/1. 2023