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Degree	<ul style="list-style-type: none"> <li>• 2012-2014 year. - Master of Urgench State University (Master)</li> <li>• 2007-2011 year. - Urgench State University student (Bachelor)</li> </ul>
Experience	<ul style="list-style-type: none"> <li>• 2014 y - h.v. - Lecturer, Department of Theory and Methods of Physical Culture, Urgench State University</li> <li>• 2013-2014 yy. - Volleyball coach of Hazarasp district Pichokchi children's health sports center</li> <li>• 2016-2017 yy. - Deputy Director for Academic Affairs, School No. 17, Hazarasp District.</li> </ul>
Major	<ul style="list-style-type: none"> <li>• Theory and methods of physical education and sports</li> </ul>
Teaching	<ul style="list-style-type: none"> <li>• Theory and methodology of volleyball, Improving sports skills Volleyball, Methodology of teaching basketball, Physical education and sports</li> </ul>
Representative Research	
Researches	<ul style="list-style-type: none"> <li>• F.T.Masharipov R.N.Rozmetov. Moral education in the process of physical education and sports. Sources of knowledge Scientific-methodical journal of UrSU. № pages 2-90-93. Urgench-2015</li> <li>• F.T.Masharipov R.N.Rozmetov. Pedagogical requirements for a physical education specialist. Sources of knowledge Scientific-methodical journal of UrSU. №3 pages 85-88. Urgench-2015</li> <li>• B.J.Yadgarov, RN Rozmetov. Improving the quality of strength of 15-16-year-old short-distance athletes through weightlifting. Current issues of modern science, education and upbringing in the region. № No. 2 pages 173-178. Urgench-2017</li> <li>• R.N.Rozmetov. Improving the management system in the field of physical culture and sports in Uzbekistan "Integration of science and education and innovative ideas" pages 78-80. Toshkent-2018 .</li> <li>• R.N.Rozmetov. The popularity of physical culture and sports plays a role in shaping the culture of well-being among young people. Improving the quality of education and training in the field of physical culture. № 2 pages 76-80. Urgench-2018 .</li> <li>• B.J.Yadgarov R.N.Rozmetov. The effectiveness of the use of folk games in the selection of athletics in secondary schools. Current issues of modern science, education and upbringing in the region. № 3 pages 212-217. Urgench-2018</li> <li>• R.N.Ro'zmetov. Scientific and practical problems of athlete training. Modern scientific challenges. № 1 pages 38-42. Poland-2019 y</li> </ul>

	<ul style="list-style-type: none"> <li>• B.J.Yadgarov, O.Khasanov, R.N.Rozmetov. ways to increase the efficiency of receiving the ball introduced into the game in volleyball. "Innovative technologies in physical culture and sports for the younger generation." Pages 78-80. Buxoro-2019</li> <li>• R.N.Rozmetov. Progressive methods of resulting effectiveness of accepted balls the volleyball game. "Actual problems of modern science, education and training in the region". № 2 pages 510-518. Urgench-2019 .</li> <li>• R.N.Rozmetov. D.B.Yadgarov. Methods for developing students' strength qualities in physical education classes. "Republican scientific-practical seminar on raising the morale of young people and the meaningful organization of their leisure time." Pages 274-275. Toshkent-2020 y</li> <li>• B.J. Yadgarov R. N. Ro'zmetov. Comparative analysis of physical development of athletes in team sports. "Physical culture: upbringing, education, training." Scops № 3 pages 13-15. Russia -2018</li> <li>• F.T.Masharipov, R.N.Ro'zmetov, J.Sh.Kenjayeov. Ways to organize physical education in the family. "Current issues of increasing the popularity of physical culture and sports. Republican scientific-practical online conference. Pages 117-119. Urgench 2020</li> </ul>
CurrentResearch	<ul style="list-style-type: none"> <li>• R.N.Ro'zmetov, Stages and methods of initial training in volleyball technique "Actual problems of increasing the popularity of physical culture and sports." Republican scientific-practical online conference. Urgench-2021y</li> </ul>