



Faculty of Sport and Art, Department of Sports Activities

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Degree		- Master of Urgench State University (Master) - Urgench State University student (Bachelor)
Experience	 2008 y -2023 h.v Lecturer, Department of Theory and Methods of Physical Culture, Urgench State University 2023 y - h.v Urganch davlat universiteti sport faoliyati kafedrasi oʻqituvchisi 	
Major	Physical culture	
Teaching	Theory and methodology kurash, Theory and methodology of gymnastics	
Representative Research	"Methods of developing the physical qualities of gymnasts through movement games" (project topic).	
Researches	 Abdullaev.Z.N. Technology of development of physical qualities of young gymnasts in the initial preparatory stage. //Actual challenges of modern science 2017 May 26-27. Pereyaslav-Khmelnytsky. 62-64 Abdullaev.Z.N. The importance of action games in educating a healthy generation.// Actual challenges of modern science 2017 May 26-27. Pereyaslav-Khmel'nytsky. 62-64 -betlar. 	
	• Abdullaev.Z.N. Modern methods of organizing and conducting gymnastics lessons at school // Sources of knowledge. Scientific-methodical journal of Urgench State University 2019 01.12 Pages 76-82	
CurrentResearch	DEVELOPMENT OF MOVEMENT SKILLS OF PRESCHOOL CHILDREN	