



## Faculty of Sports and Arts, Department of Sports Activities

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Position Teacher of the department

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Homepage	Urgench city Hamid Olimjon street 14. 220100
Degree	<ul> <li>2012-2020 yy Master of Urgench State University (Master)</li> <li>2014-2018 yy Urgench State University student (Bachelor)</li> </ul>
Experience	<ul> <li>2020 y - h.v Lecturer, Department of Sports Activities Urgench State University</li> <li>2018-2020 yy Physical education teacher at school No. 34 of Shavot district</li> </ul>
Major	Theory and methods of physical education and sports
Teaching	The chosen sport is the theory and methodology of athletics, theoretical foundations of sports training, physical training, theory and methodology of sports
Representative	•
Research	
Researches	<ul> <li>M.M. Rahimov. O'.Kh.Abdullayeva.Preliminary training for the game of volleyball and its essence. Prospects for the development of physical education and sports, problems and solutions. Articles of the scientific-practical conference of the Republic No. 2, pages 16-19. Tashkent - 2021.</li> <li>• F. T. Masharipov. O. Kh. Abdullayeva. Features of athletic training with children and teenagers. Innovative directions of mass development of physical education and sports in modern conditions. International scientific conference. Pages 100-103 Nukus-2021.y.</li> <li>• R. J. Shaniyazov U. X. Abdullaeva. Faktory dopolnyayushchie effect sportivnoy trenirovannosti i sotyazani. ACADEMIC RESEARCH IN EDUCATIONAL SCIENCES VOLUME2 ISSUE3 2021 ISSN: 2181-1385 Scientific Journal Impact Factor (SJIF) 2021: 5.723 Pages 27-34</li> <li>• O. Kh. Abdullayeva. Effective use of innovative educational technologies in teaching physical education. Oriental Renaissance: Innovative, educational, natural and social sciences VOLUME 2   ISSUE 5/2 ISSN 2181-1784 Scientific Journal Impact Factor SJIF 2022: 5.947 Advanced Sciences Index Factor ASI Factor = 1.7187-193 pages.2022.y</li> <li>• O. Kh. Abdullayeva. Methodological and theoretical aspects of selection and orientation to athletics. For active participation in the scientific-theoretical conference "Theory and practice of training specialists with higher education and physical culture and sport in modern conditions" 26.27.05.2022</li> <li>• O. Kh. Abdullayeva. 13-14 Ways to educate the quality of strength in young athletics. INNOVATION SCIENCE AND RESEARCH</li> <li>• INTERNATIONAL SCIENTIFIC JOURNAL VOLUME 1 ISSUE 2 JUNE 2023</li> <li>• SCIENCEJOURNAL. UZ. Pages 101-106. 2023</li> </ul>

	• O. Kh. Abdullayeva. Structural structure of athletics training during the preparatory period. Improving the quality of education and training in the field of
	physical culture: problems and solutions. International scientific conference
	Urganch-2023. pp. 222-225.
	• O'.Kh. Abdullayeva. The importance of athletics classes in increasing physical
	fitness. Improvement of the quality of education and training in the field of
	physical culture: problems and solutions. International scientific conference
	Urganch-2023. pp. 226-229.
CurrentResearch	O.Kh. Abdullayeva. Modern methods of selection and orientation of athletes.