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Degree	<ul style="list-style-type: none"> <li>• 2018-2020 year. - Master of Urgench State University (Master)</li> <li>• 2014-2018 year. - Urgench State University student (Bachelor)</li> </ul>
Experience	<ul style="list-style-type: none"> <li>• 2014 y - h.v.   - Lecturer, Department of Theory and Methods of Physical Culture, Urgench State University</li> </ul>
Major	<ul style="list-style-type: none"> <li>• Theory and methods of physical education and sports</li> </ul>
Teaching	<ul style="list-style-type: none"> <li>• Methods of teaching sports (athletics), sports psychology</li> </ul>
Representative Research	Dissertation abstract for the doctor of philosophy degree(PhD) on pedagogical sciences
Researches	<ul style="list-style-type: none"> <li>• R. N. Rozmetov. D. B. Yadgarov. The method of developing students' strength qualities in physical education classes. "Republican scientific and practical seminar on the topic of raising the spirituality of young people and meaningfully organizing their free time." Pages 274-275. Tashkent-2020</li> <li>• D.B.Yadgarov "Systematic approach based on the use of compensatory exercises affecting movement quality indicators" Eurasian Journal of Sport Science 2022; 2(1): 112-115</li> <li>• B.J.Yadgarov, D.B. Yadgarov "Improving the strength quality of 14-15-year-old short-distance runners with weightlifting exercises" IIm-sarchashmalari 2022-2, pp. 98-101 .</li> <li>• K. D. Yaroshov, D. B. Yadgarov. "Actual problems of organizing public sports events in residential areas" Oriental Renaissance pp. 527-532. 2022.05.</li> <li>• D. B. Yadgarov "Improving the methodological foundations of the development of movement qualities of primary school students in secondary schools" IIm-sarchashmalari 2022-12, pp. 111-114.</li> <li>• D.B.Yadgarov "Development of motor skills for junior schoolchildren using physical education classes, approach" Fan-sport, scientific-theoretical journal. 2022/6, pp. 86-88</li> <li>• D. B. Yadgarov "Development of physical qualities of elementary school students through active games" Improving the quality of education and training in the field of physical culture: problems and solutions International Scientific and Practical Conference, pp. 93-98. Urganch 2023.</li> </ul>

CurrentResearch

- B.J. Yadgarov, D.B. Yadgarov, D.R. Allayarov "Optimization in the planning of training loads in the long jump by using restorative means." International scientific-practical online conference on "Organization of public sports events: problems, trends and prospects". Pages 353-358. Chirchik-2023