



## Faculty of Sports and Arts, Department of Sports Activities

First name(s) / Sur name(s). Meyliyev Xusin

Occupation or position held Senior lecturer

TEL. +998942306020

E-mail. [xusinboy.m@urdu.uz](mailto:xusinboy.m@urdu.uz)

Organization Urgench State University

TEL. +998622246628

Address(es) Urgench city Xamid Olimjon Street 14. 220100

Degree	<ul style="list-style-type: none"> <li>• 1984-1988 y. The State Institute of Physical Education of Uzbekistan</li> </ul>
Experience	<ul style="list-style-type: none"> <li>• 2015- until now, He is a senior lecturer at the Faculty of Physical Culture of Urganch State University.</li> <li>• 2008-2015y- Urganch Olympic reserve college is a sports coach and trainer.</li> <li>• 1999-2008 y- Senior lecturer of the Faculty of Physical Education of Urganch State University.</li> <li>• 1996-1999 y- Khorezm Region Teacher Training and Retraining Institute, instructor of physical education</li> <li>• 1990-1996 y- Teacher of physical education at Khorezm State Pedagogical Institute (Urganch State University since 1992).</li> <li>• 1989-1990y Deputy director for educational affairs of the sports school for children and teenagers of Khanka district</li> <li>• 1988-1989y – Teacher of physical education of Tashkent region Vocational school No. 19</li> <li>• 1984-1988y - Student of the State Institute of Physical Education of Uzbekistan</li> <li>• 1982-1984 y. Sambo wrestling trainer in the Lokomotiv volunteer sports society</li> </ul>
Profession	<ul style="list-style-type: none"> <li>• Wrestling trainer, teacher.</li> </ul>
TEACHING SUBJECTS	<ul style="list-style-type: none"> <li>• Organization of sports training at the initial preparatory stage (wrestling, judo wrestling, freestyle wrestling), entry into the specialty of the chosen sport. 1st year SF (judo, freestyle wrestling).</li> </ul>
RESEARCH WORK	<ul style="list-style-type: none"> <li>• “Carrying out scientific research on the method of training physical qualities of wrestlers.</li> </ul>
RESEARCHES	<ul style="list-style-type: none"> <li>• X. Meyliyev. Effective use of factors that determine the effect of physical exercises "Training of scientific and scientific-pedagogical personnel - the most important basis for raising a highly educated and intellectually developed generation" republican IAA 2015 y 25-26b.</li> <li>• X. Meyliyev The importance of government laws and decisions in the development of physical education and sports in Uzbekistan "Training of scientific and scientific-pedagogical personnel is the most important basis for raising a highly educated and intellectually developed generation" republican IAA 2015 y 182-185b</li> <li>• X. Meyliyev “The structure of the system of many years of sports training for</li> </ul>

	<p>football players “ Ilm sarchashmalari” journal 2019-y October.</p> <ul style="list-style-type: none"> <li>• X. Meyliyev. Formation of knowledge and processes of physical education”, The XIV international scientific conference dedicated to the current problems of modern science was held on June 26-27, 2017 in the city of Pereyaslav Khmelnytskyi (Ukraine).</li> <li>• X. Meyliyev Methodology for developing professional competence of future physical culture teachers. "Continuous education" scientific methodological journal. 2022 year. Special issue.</li> <li>• H. Meiliyev. The place and problems of introduction of the credit-module system in the higher education system. Science knowledge. No. 7 of 2023.</li> </ul>
CURRENT RESEARCH	<ul style="list-style-type: none"> <li>• Publication of a training manual on the theory and methodology of judo wrestling.</li> </ul>